

Safe Spring Break 2018

- I. Summary
 - a. During the breaks from the university, students' safety risk percentage increases. Therefore to be able to provide students with information on ways to stay safe while on break allows them to be able to go on break better informed and most importantly with their well-being in mind.
- II. Objective
 - a. As the Rongxiang Xu College of Health & Human Services Representatives, we believe that it is important for students to recognize conditions in which their safety may be compromised during Spring Break activities. By holding Safe Spring Break 2018, students will walk away from the programming with an understanding of what is a serving of alcohol, how long it takes the body to process one serving, the ability to identify intoxication rate factors, see alcohol poisoning signs, symptoms, prevention and response, etc. It will bring awareness toward being more conscious of their safety and therefor learn steps to have a safe Spring Break.
- III. Mission
 - a. To facilitate interactive and engaging activities in order to educate students about different health and safety issue that could potentially affect them during spring break. Topics that will be discussed include: alcohol use, drug use, sun exposure, travel, mental health and safety.
- IV. Description
 - a. We are requesting funding to be able to provide students with an alternative during the event, demonstrating that there are other ways to have fun and be safe. As well as funding for a speaker to address to student some issues with regards to mental health, alcohol, drugs, or well-being.
- V. Management
 - a. Student Health Center, Lauren Jorgensen & Stephanie Toledo (ATOD Committee)
 - b. Public Safety, Jonathan Avalos
 - c. CSI, Marielena Becerra & Candice Varnado
 - d. Housing, Taylor Mechlinski
 - e. ASI, Ashley, Jocelyn & Candy
 - i. Contribute funding to bring additional programming to the event.
 - f. SHAC, Savino Hoshizaki
- VI. Marketing
 - a. N/A
- VII. Budget
 - a. Food Truck (Possibly Root beer Float Truck) & Speaker
 - i. \$1,000
- VIII. Guidelines
 - a. N/A
- IX. Criteria
 - a. Cal State LA students will benefit from this proposal because they will learn ways to stay safe over Spring Break.
- X. Survey

- a. No Survey provided
- XI. Contact Information
1. Candy Noriega – asihhsr1@calstatela.edu – 323-343-4778
 2. Jocelyn Vargas – asihhsr2@calstatela.edu – 323-343-4778