

No More Starving Students

FOOD ACCESS INFORMATION



Brought to you by:
**Student Dietetic
Association,**
**No more Starving
Students, & Associated
Students, Inc. (A.S.I.)**

. The Midnight Mission

Website : <http://www.midnightmission.org/index.asp>

To offer a bridge to self-sufficiency for homeless people through counseling, education, training and job placement. To make available the necessities of life to homeless people: food, shelter, clothing, personal hygiene needs, and medical care. To offer the 12 step approach to recovery. To serve homelessness people with empathy and care, without sermonizing. To provide for the homelessness as an independent social services agency.

Network for a Healthy California (NHC)

Website : <http://www.cdph.ca.gov/programs/CPNS/Pages/default.aspx>

The NHC website is a statewide effort to improve health status and increase nutrition awareness, and is overseen by the California Department of the Public Health. The Network attains its goal of being a 'Champion for Change' by promoting physical activity and daily consumption of fruits and vegetables to low income families.

Project Angel Food

Website : [http://www.angelfood.org/site/pp.aspx?c=etlQK6\)YG&b=34728](http://www.angelfood.org/site/pp.aspx?c=etlQK6)YG&b=34728)

Project Angel Food's mission is to nourish the body and spirit of men, women and children affected by HIV/AIDS, Cancer and other life-threatening illnesses. Volunteers and staff cook and deliver free and nutritious meal prepared with love throughout Los Angeles County.

Project Chicken Soup

Website : <http://www.projectchickensoup.org/PCSContact.html>

Project Chicken Soup is a non-profit organization that prepares and delivers free, nutritious, kosher meals to people in the greater Los Angeles area living with HIV/AIDS, Cancer and other serious illnesses.

SOVA Community Food and Resource Program

Website : <http://www.ifsla.org/page.aspx?pid=233>
SOVA directed by the Jewish Family Center (JFC), is a food and resource program offered to low income individuals of all ages, ethnicities, races, and genders. The JFC offers food and supplies to qualifying individuals and households with several days' worth of groceries. The main goal of SOVA is to provide underserved individuals with the resources and assistance they would need to gain self-sufficiency.

Supplemental Nutrition Assistance Program

Website: <http://www.fns.usda.gov/snap>

The Supplemental Nutrition Assistance Program also known as SNAP, is federal assistance program. SNAP's main objective is to offer monthly benefits to qualifying low-income individuals and families which can be used to purchase food.

Women, Infants, and Children (WIC)

Website : <http://www.fns.usda.gov/wic>

WIC is federal nutrition program that provides assistant to women, infants and children. This agency aids under serve postpartum woman and children up to five years old. WIC is geared towards providing low income individuals who are at risk of improper nutrition, with health care referrals, nutrition education, and even supplemental foods and food voucher.

Have questions on Nutrition? Contact :
csula.studentdieteticassoc@gmail.com



Burbank Temporary Aid Center (BTAC)

Website: <http://www.burbanktemporaryaidcenter.org>

BTAC is dedicated to providing the poor, working poor, and homeless of the local community with basic services they need to live with dignity. BTAC also works to provide clients with help such as food, utility assistance, transportation assistance, emergency shelter, medical assistance, and referrals to other community resources.

CA Food Policy Advocates (CFPA)

Website: <http://cfpa.net/>

CA Food Policy Advocates is a statewide policy and advocacy organization dedicated to improving the health and well being of low income Californians by increasing their access to nutritious, affordable food.

CalFresh

Website ; <http://www.calfresh.ca.gov/>

The CalFresh Program, formerly known as Food stamps and federally known as the Supplemental Nutrition Assistance Program (SNAP), can add to your food budget to put healthy and nutritious food on the table. The program issues monthly electronic benefits that can be used to buy most foods at many markets and food stores. The CalFresh Program helps to improve the health and well-being of qualified households and individuals by providing them a means to meet their nutritional needs. CalFresh is the SNAP in California.

Downtown Women's Center (DWC)

Website: <http://dwcweb.org/ourcenter.htm>

DWC is nationally recognized as a prototype for unique and effective programs serving homeless women and ending homelessness. We were one of the first organizations to pioneer permanent supportive housing—a proven and cost effective model to ending homelessness. Our services include meals, personalized case management, an on-site medical clinic, health workshops and screenings, computer literacy, government benefits advocacy, support groups, job counseling and self-expression classes.

Family Promise of East San Fernando Valley

Website : <http://www.familypromiseesfv.org/about/community-partners.html>

Family Promise, a non-profit committed to helping low-income families nationwide to achieve lasting independence. Family Promise helps mobilize communities to provide safe shelter, meals and support services for homeless families and through programs designed to redress the underlying causes of homelessness.

Heart of Los Angeles (HOLA)

Website: <http://heartofla.org>

HOLA provides under served youth with exceptional programs in academics, arts and athletics within a nurturing environment, empowering them to develop their potential, pursue their education and strengthen their communities.

Hunger Action Los Angeles (HALA)

Website : <http://HungerActionLA.org>

Hunger Action Los Angeles (HALA) is a nonprofit organization working to end hunger and promote healthy eating through community education, outreach, networking and empowerment of low income people to speak on issues that affect their lives directly.

Human Services Association(HSA)

Website : <http://www.hsala.org>

A community-based agency providing a wide range of social services to residents of southeast Los Angeles County, including food distribution, parenting services, and domestic abuse support services. While HSA is affiliated with the Presbyterian Church, all services are administered on a non-sectarian basis.

Inner City Kitchen

Website : <http://www.farmtoschool.org/state-programs.php?action=details&pid=176>

Inner City Kitchen is an after school cooking and nutrition education program that is focused on creating the necessary foundation of proper food preparation for youth and young adults. The educational program includes the history of culinary cuisine, nutrition aware-

ness, and agricultural studies. 'Discover You through Food' is their motto used to create understanding and development of what we put into our bodies and how it affects our everyday living. Inner City Kitchen is an organization formulated to alleviate the perception that "healthy isn't an option."

LA County Health and Nutrition Hotline

Phone: (877) 597-4777

This hotline provides information concerning the Medi-Cal and Food Stamps programs. It serves as an informational line where individuals can obtain health and nutrition resources. Upon request, they can also mail Medi-Cal and Food Stamp application to a residence.

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LA Regional Food Bank

Website : <http://www.lafoodbank.org/>

The mission of the Los Angeles Regional Food Bank is to mobilize resources to fight hunger in our community. To fulfill our mission we : source and acquire food and other products to distribute to needy people through charitable agencies or directly through programs; We energize the community to get involved and support hunger relief, conduct hunger education and awareness campaigns and advocate for public policies that alleviates hunger.

MealCall

Website: <http://www.mealcall.org>

MealCall is an online database, helping seniors and family members connect with local meal programs. MealCall also helps local meal programs recruit volunteers, and assist businesses in developing corporate sponsorship and volunteer programs for senior meal programs