**CAL STATE LA** 

Dear Colleagues:

Cal State LA is proud to announce the launch of our CalFresh Outreach Center (located in the Student Affairs Building, room 113). The center will focus on assisting students through the CalFresh application process, as well as provide additional campus resources available to Cal State LA students.

## What is CalFresh?

If you have heard of SNAP (Supplemental Nutritional Assistance Program), then you are already familiar with the many wonderful benefits offered to those who qualify for CalFresh. SNAP (formerly known as the Food Stamps Program) is now called CalFresh for those living in the state of California. CalFresh has been established to improve the nutrition of people in low-income households. It does this by increasing their food-buying power, so they are able to purchase the amount of food their household needs. CalFresh benefits are used instead of money at the grocery store. CalFresh benefits are issued via an Electronic Benefit Transfer (EBT) card.

## How do students benefit?

Through the CalFresh program, qualifying students will be allotted money each month specifically for food. We have reason to believe that many of our students are unaware that they qualify for CalFresh and/or feel overwhelmed by the application process. The CalFresh Outreach Center is here to assist students through the application process.

## **CalFresh Outreach Hours:**

Monday 9 a.m.-12 p.m.; 2 p.m.-5 p.m. Drop-in Assist Day Tuesday-Friday by Appointment Only Location: Student Affairs Building – room 113

We are beyond excited to bring this program to our campus, and look forward to assisting any interested students with either applying for CalFresh and/or seeking additional resources. Please assist us with sending this information out to the students for whom you work with.

For more information please feel free to contact us at (323)343-6074 or <u>calfreshoutreach@calstatela.edu</u>, or reach out to the CalFresh Outreach Center Support Team listed below.

Take Care,

Rob Yonemoto, Director of Student Support Dr. Anne Larson, Director, School of Kinesiology and Nutritional Science Sesley Lewis, Student Wellness Intern Dr. Jen Miller, Dean of Students