

# ABOVE AND BEYOND: THE LAKE TITICACA SERVICE ADVENTURE

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# Day 1: Fly to Peru

Meet your group and board your flight to Lima.

Arrive in Lima: Welcome to Lima, Peru's capital since 1535. Depending on your arrival time, you may have free time to settle in and explore the city on your own.

### Day 2: Cuzco | Sacred Valley

Flight to Cuzco: Depart for Cuzco, a UNESCO World Heritage Site and the former seat of the Incan Empire.

**Explore Cuzco:** After adjusting to the altitude, you'll have time to explore Cuzco by foot. Like most Central and South American cities, Cuzco's main square is called the Plaza de Armas, otherwise known as The Square of the Warrior. Within the historic Incan plaza you can explore local markets. You'll spot late-Gothic, Baroque and plateresque interiors—and some of the most outstanding examples of colonial gold work.

Seminario Studio: Pablo Seminario set up this ceramic workshop over 30 years ago in Urubamba. An architect by trade, he's spent decades studying different Peruvian pottery techniques and recreating them. Here you can see his collection and learn about the art of preservation and the history of pre-Colombian Peru.

### Day 3: Machu Picchu

Travel to Machu Picchu: Take a morning train from Ollantaytambo to Machu Picchu. This fabled "Lost City of the Inca," was brought into the international spotlight in 1911 by Yale lecturer Hiram Bingham. A century later, this UNESCO World Heritage Site and one of the New Seven Wonders of the World continues to take the breath away from all who visit it. Ascend its mountainous pedestal for a guided tour. Archaeologists have yet to determine why the city was abandoned so many years ago. You'll see remnants of temples and terraces that have yet to reveal the true purpose of Machu Picchu. Take some time to reflect on everything you've experienced this evening after dinner.

# Day 4: Cuzco

**Global competency exercises:** Start the morning with exercises designed to strengthen your sense of cultural, linguistic and historical awareness while abroad—and why it's important to bring them back home.

Sightseeing tour of Ollantaytambo: Take a scenic morning train to the former Incan stronghold of Ollantaytambo. Located along the Inca Trail, this archaeological site was the royal estate of Emperor Pachacuti who conquered the region in the mid-15th century. Admire the Pinkuylluna (storehouses) that jut out steeply on the mountainside, and walk through structures frozen in time.

**Písac:** Browse local goods at Písac's famous market. Later you'll have time to reflect on the events of the day with your group.

## Day 5: Cuzco | Puno

**Travel to Puno:** After a morning global competency exercise, travel south from Cuzco to the shores of Lake Titicaca. There you'll find Puno, an important agricultural and livestock region where the llamas and alpacas roam free.

Visit the Raqchi Temple: Also known as the Temple of Wiracocha, the remains of an enormous wall are all that remain of this Incan ritual structure. Nearby you'll find a spring that was likely used for religious ceremonies. Later tonight you'll have time for a reflection activity.

# Day 6: Cuzco | Luquina

Boat ride to the Uros Islands: After a morning global competency exercise, set out for the Uros Islands by boat. These islands were made from tortora reeds by the Uro people—who predate the Incas. You'll get to see how the local islanders make their living and see beautiful artwork made from the reeds.

Luquina community activity: Travel to tiny Luquina, where you and your group will participate in a community activity with the locals. After dinner, you'll have time for a reflection activity.

### Day 7: Luquina

Luquina service activity: Start the morning off with a global competency exercise. Now that you're familiar with the community, it's time to start your service project. You'll spend the day interacting with locals to work on a community development based project. Projects can include building infrastructure for vendors, learning and teaching others how to farm, and environmental conservation activities.

# Day 8: Luquina | Puno

**Boat ride to Taquile Island:** After a morning global competency exercise, take a boat excursion to Taquile Island located in Lake Titicaca just off the coast of Puno. Taquileños are a communally organized people who are highly regarded for their fine hand-woven clothing, which you will get to peruse.

**Travel to Llachon:** Travel to the small village of Llachon, located on the peninsula's southern tip. Here you'll find very few cars, but plenty of natural beauty—you'll get to take it all in on a kayaking adventure. Tonight back in Puno, you'll have time for a reflection activity.

#### Day 9: Puno

Depart for home: Transfer to Juliaca where you'll take an internal flight to Lima, and depart for your overnight flight from there.

#### Day 10: Arrive home